

www.InspireTrainingGroup.com

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Inspire Training Group are renowned in the care industry for empowering carers and supporting professionals, by sharing REAL therapeutic parenting strategies THAT WORK.

We inspire people to make life changing positive differences in relationships where attachment difficulties and developmental trauma are overwhelming and challenging.

We are industry experts in blocked care (compassion fatigue) leading the first research in the UK into compassion fatigue in foster care.

Overview of subjects covered in our Face to Face bespoke courses -

Understanding the traumatised child ~ All levels of attachment theory and application~ Managing our own feelings~ Avoiding anger and blame ~ Practical strategies to manage behaviour~ Therapeutic Parenting ~ P.A.C.E ~ Oppositional Defiance Disorder ~ Managing sexually problematic behaviours ~ Recognising and managing blocked care (compassion fatigue) for supporting professionals ~ Understanding and managing eating disorders ~ Non-Violent Resistance

Overview of subjects covered in our online video intervention courses-

Introduction to Therapeutic Parenting ~ Healing children through therapeutic parenting ~ Dealing with stealing and lying ~Recognising and managing compassion fatigue for supporting professionals ~Therapeutic Parenting, P.A.C.E in real life ~ Reconnecting to your child ~ 'How to' series – dealing with arguing ~schools ~other professionals ~ destructive behaviour ~ food issues ~nonsense chatter ~social media ~ managing early days

About the trainers-

Sarah Naish – Therapeutic parent/ adopter of five siblings. Author of Therapeutic Parenting children's books & Community Care Inform 'Guide to Therapeutic Parenting'. Former Social Worker/ MD/Owner of 'Outstanding' therapeutic IFA, Winner Women in Business Awards 2014.

Sarah Dillon – Therapist, registered member of BACP. Former CIC, Child and adult therapist, (attachment difficulties, complex & developmental trauma). Attachment Consultant.

Jane Mitchell – Therapeutic Parent, former Adoption UK trainer. Degree in Childcare and Education. Ex Manager of a Children's Service, Neuro Physiological Psychotherapy with Family Futures.

Sarah Fisher - Works with those struggling to manage their child's behaviour. Mentor with the Princes' Trust and 10 years working in schools. Adoptive, therapeutic parent using Non Violent Resistance. Trained in Non Violent Resistance with Dr Peter Jakobs.

What do we do?

We speak at large conferences and seminars, train groups of foster carers, adopters and supporting professionals, deliver one to one consultancy and provide ground-breaking online video interventions.

We offer clients the solution to their precise training needs.

Contact us with your requirements~

Bespoke courses, length and subject areas, related to developmental trauma and therapeutic parenting

Contact us for any further information including fees.