

Duration

This qualification can be completed flexibly over a period of 6 months, allowing it to fit around employment commitments. On average, each unit can be completed within a 4-week period.

Who is the Trauma-Informed Life Story Work Qualification for?

The qualification is aimed at supporting professionals (social workers, family support workers, children's support workers, and therapists) who support children, young people, and their families to navigate the often challenging process of life story work.

Qualification Content

The Level 3 Certificate in Trauma-Informed Life Story Work consists of six units:

- Unit 1 Understanding the Importance of Trauma-Informed Life Story Work. This unit explains the concept of trauma-informed life story work and how it can support individuals who have experienced trauma.
- Unit 2 Making sense of the child's history: This unit emphasises the importance of communicating a child or young person's story in a way that is appropriate for their stage of development.
- Unit 3 Understanding the child or young person: Here, the learners will understand the importance of recognising a child's emotional age and implementing appropriate life story work, as well as the need to identify the implications of unprocessed trauma when working with a child's life story.
- Unit 4 Communicating difficult histories: This unit develops learners understanding of how to navigate a child or young person's life narrative sensitively, identifying strategies to help them recognise unmet needs, and overcome obstacles.



- Unit 5 Triggers in and outside of the session, behaviours, and how to support them: This unit focuses on triggers that occur both in and outside of a life story work session, as well as behaviours associated with trauma.
- Unit 6: Looking after yourself: In this unit, learners will understand how to prioritise self-care and well-being to effectively support children and young people through trauma-informed life story work.

Mode of Learning

To achieve The Level 3 Certificate in Trauma-Informed Life Story Work, learners will complete a combination of in-person training, live online training and units of study through our online learning platform, which comprises video-based tuition and knowledge checks throughout to enable learners to complete the end-of-unit assessments.

Learners will receive tutor and peer support through a forum on the learning platform. A handbook, including all relevant information, will also be provided at the start of the course.

Training Days

There are 2 training days which learners will need to attend to complete the qualification.

Day 1 In-person training 9:30 am - 4:00 pm at our training centre in Gloucestershire - details will be given on enrolment.

Day 2 Online Live Training, 10 am - 2:30 pm.

A link to the training will be given to learners by their tutor nearer to the time.

Qualification Benefits

This qualification helps the learner to develop the necessary skills to create a safe and supportive environment for the children, young people, and their families. This will enable them to successfully implement a strategy that prioritises the child's well-being and helps them create a positive narrative about their life story.



Accreditation & Certification

Our course has been accredited by NCFE CACHE, an awarding organisation recognised by the qualification regulators for England and Wales. NCFE CACHE's regulators are the Office of Qualifications and Examinations Regulation (Ofqual) in England and the Welsh Government in Wales.

This course isn't regulated by Ofqual but has been accredited by NCFE CACHE as a Customised Qualification. We have benchmarked the course's learning outcomes at Level 3 (using a notional framework's level descriptors) to allow you to consider the difficulty and depth of study.

On completion of this Customised Qualification, learners will receive a certificate of achievement from NCFE CACHE.

This qualification is also accredited by the Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH) and eligible for membership in their association. For further details about the association and its membership fees, please visit www.accph.org.uk.



Progression route.

This qualification can lead to the Level 4 Trauma-Informed Practitioner Qualification.

Qualification Costs

£1494 Per Person*

Monthly payment plan available:

6 monthly payments of £258*

Please note: Agencies/Companies who sign up for a cohort of 10 learners will get 11th learner half price.

**Inclusive of VAT.*

Next cohort starts January 2025

You can enrol on the qualification by going to our website
www.inspiretraininggroup.com